

Aftercare Following Endodontic (Root Canal) Therapy

What To Expect

- 1) It is not uncommon for a tooth to be uncomfortable or even exhibit a dull ache immediately after receiving Root-canal therapy. This should subside within one week.
- 2) Your tooth will be sensitive to biting pressure and may even appear to feel loose. This feeling is a result of the sensitivity of nerve endings in the tissue just outside the end of the root where we cleaned, irrigated and placed filler and dealer material. This feeling will be short-lived.
- 3) You may feel a depression or rough area (on the top of the back tooth or front tooth) where our access was made. There is a soft temporary material in that area which may Wear away to some degree before your next visit.
- 4) Occasionally, a small' bubble' or 'pimple' will appear on the gum tissue within a few days after completion of a root canal. This represents the release of pressure and bacteria which no longer can be sustained around the tooth. This should disappear within few days.

Please avoid chewing gum, caramels or sticky or soft candy which could dislodge the temporary material.

Please Call Us If.....

- 1) You are experiencing symptoms more intense or of longer duration than those described above.
- 2) You encounter significant post-operative swelling or if your tooth fractures.
- 3) The temporary material is dislodged, feels loose or feels high when biting.

What To Do

- 1) We recommend you to take some pain relief within one hour of leaving our office to get the Medication into your blood system before the anesthesia that we administered begins to subside. Generally only one dose is needed.

We recommend Ibuprofen (Nuprin, Advil, Mortrin)--800mg(four tablets). If you have a medical condition or gastrointestinal disorder which precludes Ibuprofen, Acetaminophen (Tylenol or Excedrin) is a substitute although it does not contain anti-inflammatory properties. Aspirin and aspirin containing products are not advisable as they tend to increase bleeding from the area that was treated.

- 2) Whenever possible try to chew on the other or opposite side from the tooth we have just treated you have a crown or onlay placed or until the access area is restored. **Until that time your tooth is still weak and could fracture.**

Aftercare Following Endodontic (Root Canal) Therapy

What To Expect

- 1) It is not uncommon for a tooth to be uncomfortable or even exhibit a dull ache immediately after receiving Root-canal therapy. This should subside within one week.
- 2) Your tooth will be sensitive to biting pressure and may even appear to feel loose. This feeling is a result of the sensitivity of nerve endings in the tissue just outside the end of the root where we cleaned, irrigated and placed filler and dealer material. This feeling will be short-lived.
- 3) You may feel a depression or rough area (on the top of the back tooth or front tooth) where our access was made. There is a soft temporary material in that area which may Wear away to some degree before your next visit.
- 4) Occasionally, a small' bubble' or 'pimple' will appear on the gum tissue within a few days after completion of a root canal. This represents the release of pressure and bacteria which no longer can be sustained around the tooth. This should disappear within few days.

Please avoid chewing gum, caramels or sticky or soft candy which could dislodge the temporary material.

Please Call Us If.....

- 1) You are experiencing symptoms more intense or of longer duration than those described above.
- 2) You encounter significant post-operative swelling or if your tooth fractures.
- 3) The temporary material is dislodged, feels loose or feels high when biting

What To Do

- 1) We recommend you to take some pain relief within one hour of leaving our office to get the Medication into your blood system before the anesthesia that we administered begins to subside. Generally only one dose is needed.

We recommend Ibuprofen (Nuprin, Advil, Mortrin)--800mg(four tablets). If you have a medical condition or gastrointestinal disorder which precludes Ibuprofen, Acetaminophen (Tylenol or Excedrin) is a substitute although it does not contain anti-inflammatory properties. Aspirin and aspirin containing products are not advisable as they tend to increase bleeding from the area that was treated.

- 2) Whenever possible try to chew on the other or opposite side from the tooth we have just treated you have a crown or onlay placed or until the access area is restored. **Until that time your tooth is still weak and could fracture.**